Staples for all below meals;

Oil

Gravy

Butter

Salt

Icing sugar

Milk

Pepper

Chicken stock cubes

Beef Stock Cube

Curry Seasoning

BBQ Sauce

Skewers

Mayo

Honey

Sausage meat style Enchiladas 17/11/23 - Video 1



Riverway Irish Recipe Style 8 Pork Sausages 410g

£1.29



Village Bakery Mini White Tortilla Wraps 8x31g

£0.69



Fiesta Mild Chilli Con Carne Cooking Sauce 500g

£0.99



Nature's Pick Mixed Leaf Salad 120g

£0.57



Everyday Essentials Red Kidney Beans In Water 400g (240

£0.33



Everyday Essentials Mozzarella 200g £0.69



Worldwide Foods Classic Basmati Rice £0.45 Food Store: ALDI UK

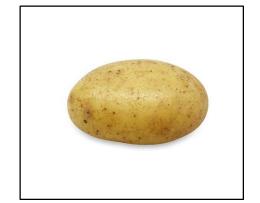
Servings: 4

Total: £5.01

Staples:



Pigs in Blanket baguette with seasoned wedges (19/11/23) - Video 2







Food Store: ALDI UK

Servings: 4

Total: £4.89

Staples: oil for wedges

Loose Potatoes x2

£0.23 x2

Roast Potato seasoning

£0.59

4 part baked baguettes

£0.85









Frozen pigs in blankets

£1.99

Sage & Onion Stuffing

£0.45

Bramwells smooth or whole cranberry sauce

Creamy Chorizo Macaroni with crispy kale (16/11/23) – Video 3



Ready, Set...Cook! Coconut Milk 400ml £0.79



The Deli Spanish Chorizo Slices 120g £0.99



Cucina Tomato Purée 200g £0.59

Food Store: ALDI UK

Servings: 4

Total: £4.99

Staples: n/a



Macaroni Pasta or similar small pasta £0.72



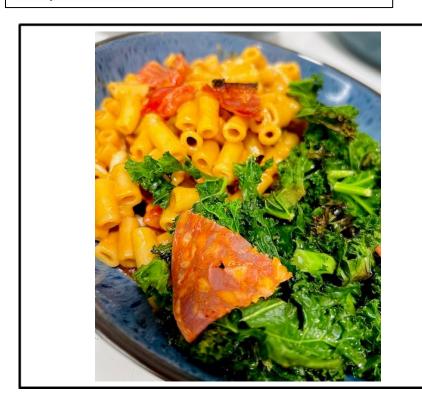
Nature's Pick Loose Red Peppers Each



Nature's Pick British Shredded Kale 200g £0.69



Everyday Essentials Mozzarella 200g £0.69



Moroccan Style Beef Stew with Couscous (Nov23) – Video 4



Ashfields British Beef Mince 20% Fat 500g £2.49



Ready, Set...Cook! Mixed Spice 41g £0.59



Bramwells Lemon & Coriander Cous Cous 100g

£0.49

Food Store: ALDI UK

Servings: 4

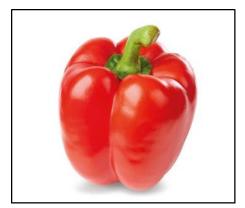
<u>Total: £4.93</u>

Staples:



Bramwells Moroccan Medley Cous Cous 100g

£0.49



Nature's Pick Loose Red Peppers Each £0.52

Everyday Essentials Chopped Tomatoes In Tomato Juice 40



Homemade pesto and mozzarella pizza with a mixed salad (Nov23) – Video 5



Brooklea Fat Free Natural Yogurt 500g £0.35



Everyday Essentials Self Raising Flour 1.5kg

£0.70



Cucina Pesto Basil 190g £0.99



Staples: n/a

Food Store: ALDI UK



Everyday Essentials Cherry Tomatoes £0.60



Everyday Essentials Mozzarella 200g £0.69



Rocket 80g

Nature's Pick Watercress, Spinach & £0.65



Cucina Tomato Passata 500g £0.55

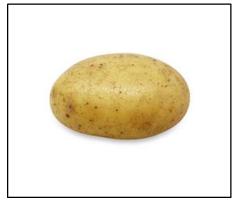




Roast Chicken Dinner (Nov23) – Video 6



Ashfields British Chicken Legs Fresh Class A 1kg £1.99



Loose Baking potatoes £0.23 x3



Nature's Pick Broccoli 360g £0.79



Servings:4

Total: £4.85

Staples: Oil, Gravy



Nature's Pick Carrots 500g £0.33



Bramwells Extra Tasty Seasoning 35g £0.59



Everyday Essentials Yorkshire Puddings 230g/15 Pack



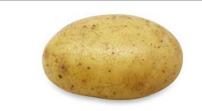
Corned Beef Stew (Oct 23) – Video 7



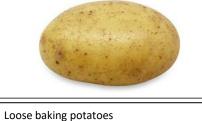
Bramwells Corned Beef 340g £2.09



Quixo Beef Stock Cubes 120g/12 Pack £0.65



£0.23 x2



Staples:

Total: £5

Servings: 4

Food Store: ALDI UK



Nature's Pick Savoy Cabbage Each £0.69



Nature's Pick Carrots 500g £0.33



Everyday Essentials Garden Peas 300g (185g Drained)



Everyday Essentials Parsnips 500g £0.50



Cheese Savory Pie with Veg or Beans – Video 8



Everyday Essentials Mild Cheddar Slices 200g/10 Pack

£1.39



The Pantry Puff Pastry 375g

£1.19



Nature's Pick Carrots 500g £0.33

Food Store: ALDI UK

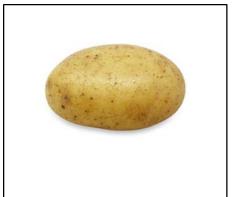
Servings: 4

Total: £4.86

Staples: Gravy, butter, oil



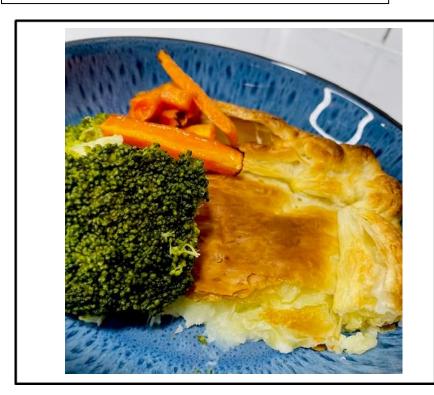
Nature's Pick Broccoli 360g £0.69



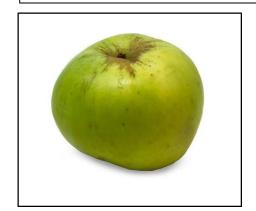
Loose Baking Potatoes £0.23 x3



Bramwells Baked Beans & Pork Sausages
In Rich Tomato Sa



Apple and Peach crumble with custard (Oct23) – Video 9



Nature's Pick Loose Bramley Apples Each £0.45 x2



Everyday Essentials Peach Slices In A Light Syrup 411g

£0.34



The Pantry Light Brown Soft Sugar 500g £1.09



Servings: 4

Total: £4.93

Staples:



Everyday Essentials Plain Flour 1.5kg £0.70



Delicious Desserts Custard 500g £0.75



Greenvale Perfect For Cakes 500g £1.15



Christmas Trifle Wreath (Nov 23) – Video 10



Holly Lane Raspberry Swiss Roll 245g £1.35 x2



Delicious Desserts Custard 500g £0.75



Dessert Menu Strawberry Flavour Jelly 135g

£0.85

Staples: icing sugar for dusting

Food Store: ALDI UK

Servings: 6-8

Total: £5.80

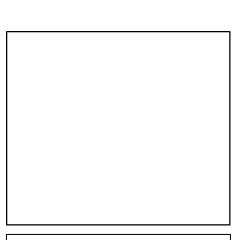


Cowbelle Fresh British Double Cream 300ml

£1.05



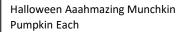
Everyday Essentials Milk Chocolate 100g £0.45





Pumpkin Soup with Garlic Croutons (Oct23) – Video 11





£0.55



Everyday Essentials Garlic Baguette 170g £0.37 x2



Ready, Set...Cook! Coconut Milk 400ml £0.79 Food Store: ALDI UK

Servings: 4-5

Total: £4.89

Staples: n/a



Nature's Pick Carrots 500g £0.33



Cumin 69p Garlic 59p

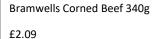


Quixo Vegetable Stock Cubes 120g/12 Pack



Corned Beef Slab (Oct 23) – Video 12







Greenvale Shortcrust Pastry 375g



Nature's Pick Carrots 500g £0.33

Total: £4.99

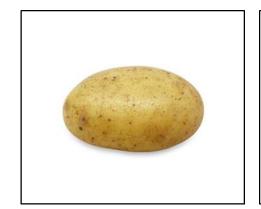
Staples: Oil, butter and gravy

Food Store: ALDI UK

Servings: 4-5



£1.19



Loose baking potatoes £0.23 x3



Nature's Pick Savoy Cabbage Each £0.69



Caesar Salad Twist (Jan 23) – Video 13



Roosters Southern Fried Chicken Goujons 320g

£1.49



Bramwells Classic Caesar Salad Dressing 250ml

£0.79



Nature's Pick Iceberg Lettuce Each £0.75



Servings: 4

Total: £4.99

Staples: n/a

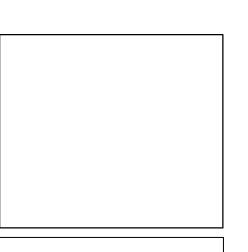


Everyday Essentials Garlic Baguette 170g £0.37



Emporium Parmigiano Reggiano Shaved Cheese 80g

£1.59





Pepperoni and Sweetcorn Naaniza (Nov23) – Video 14



Bilash Plain Naan Breads 260g/2 Pack £0.69 x2



Cucina Tomato Passata 500g £0.55



Everyday Essentials Mozzarella 200g (125g Drained)

£0.69



Staples:



Food Store: ALDI UK

Servings:4

Total: £4.96

MILD PEPPERONI

The Deli Smoked Mild Pepperoni 120g £1.05



Nature's Pick Mixed Leaf Salad 120g £0.57



Four Seasons Supersweet Sweetcorn In Water 340g (285g D

Mini English Fry Up (Nov23) – Video 15



Everyday Essentials Unsmoked Back Bacon 300g £1.45



Merevale British Free Range Medium Eggs 318g/6 Pack

£1.35



Bramwells Baked Beans In Rich Tomato Sauce 410g

£0.45



Servings: 4

Total: £4.89

Staples: milk for eggs



Everyday Essentials Medium Sliced White Bread 800g

£0.45



Four Seasons Mini Hash Brown Waffles 454g

£1.19



Sausage Dinner (Nov23) – Video 16



Butcher's Select Pork Sausages 454g/8 Pack £1.89



Everyday Essentials Yorkshire Puddings 230g/15 Pack

£0.46



Nature's Pick Carrots 500g £0.33

Food Store: ALDI UK

Servings:4

Total: £4.84

Staples: OIL, Butter, gravy

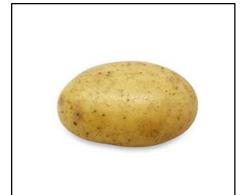


Sage & Onion Stuffing

£0.45



Nature's Pick Broccoli 360g £0.79



Loose baking potato £0.23 x4



Chilli Con Carni, Rice & Garlic Bread (Nov23) – Video 17



Ashfields British Beef Mince 20% Fat 500g £2.49



Everyday Essentials Garlic Baguette 170g £0.37 x2



Cucina Chopped Tomatoes With Herbs



400g

Food Store: ALDI UK

Servings:

Total: £4.94

Staples: n/a



Worldwide Long Grain White Rice 1kg £0.52



Bramwells Chilli Con Carne Mix 50g £0.36



Everyday Essentials Baked Beans In Tomato Sauce 420g

£0.28



Cheese & Ham toasties with tomato soup (Nov23) - Video 18



Village Bakery The Great Tiger Bloomer 800g £1.39



Grated Cheddar 250g

£1.39



Ashfields Cooked Ham 115g £0.85

Food Store: ALDI UK

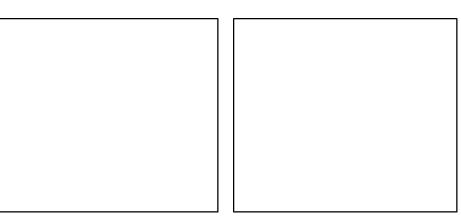
Servings:

Total: £4.97

Staples:

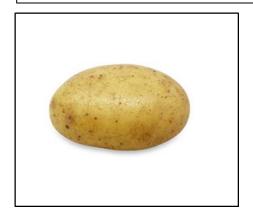


Bramwells Cream Of Tomato Soup 400g £.67 x2





Bacon Loaded Potato Skins & salad (Nov23) – Video 19



Loose Baking Potatoes

£0.23 x4

£0.57



Everyday Essentials Unsmoked Back Bacon 300g

£1.45



(125g Drained)

£0.69



Everyday Essentials Mozzarella 200g

Staples: butter

Total: £4.72

Servings: 4

Food Store: ALDI UK



Nature's Pick Mixed Leaf Salad 120g



£1.09



The Deli Creamy Coleslaw 600g

Club Sandwich (Nov23) – Video 20



Village Bakery Lightly Seeded Loaf 800g £0.85



Everyday Essentials Unsmoked Back Bacon 300g

£1.45



Ashfields Cooked Chicken Slices 115g £0.85 Food Store: ALDI UK

Servings: 4

Total: £4.71

Staples: mayo



Nature's Pick Chopped Iceberg Lettuce 200g

£0.67



Nature's Pick Tomato Salad 6 Pack £0.89



BBQ Pulled Chicken Burgers & Chips – Video 21



Specially Selected Sliced Brioche Burger Buns 200g/4 Pa £0.99



Bramwells Original BBQ Sauce 480 £0.99



Nature's Pick Carrots 500g £0.33 Food Store: ALDI UK

Servings:

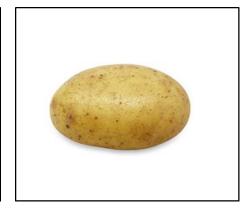
Total: £4.96

Staples: mayo



Ashfields British Chicken Legs Fresh Class A 1kg

£2.19



Loose Baking Potatoes £0.23 x2





Cajun Chicken & Rice Bake (Nov23) – Video 22



Ashfields British Chicken Legs Fresh Class A 1kg £1.99



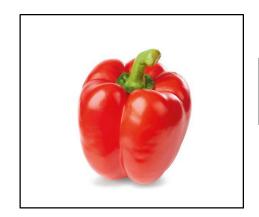
Worldwide Long Grain White Rice 1kg £0.52



Bramwells Shake 'N' Bake Cajun Chicken Seasoning Mix 45

£0.59





Nature's Pick Loose Red Peppers Each £0.55



Everyday Essentials Cherry Tomatoes 250g

£0.60

£0.35



Brooklea Fat Free Natural Yogurt 500g



Everyday Essentials Garden Peas 300g (185g Drained)

£0.28

Food Store: ALDI UK

Servings:4

Total: £4.88

Staples:



Creamy Chicken & sweetcorn bake with roasted carrots (Nov23) – Video 23



Oakhurst Cooked Sliced Chicken 340g £2.15



Four Seasons Supersweet Sweetcorn In Water 340g (285g D

£0.72



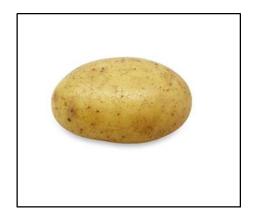
Cowbelle Fresh British Lighter Creme Fraiche 300ml

£0.99



Total: £4.88

Staples: Chicken stock cube, oil

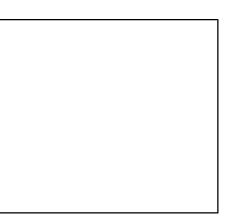


Loose baking potatoes

£0.23 x3



Nature's Pick Carrots 500g







Honey glazed Halloumi Salad (Nov23) – Video 24



Emporium Cypriot Halloumi 225g £2.15



Worldwide Foods Classic Wholegrain Rice 250g

£0.45



Everyday Essentials Cherry Tomatoes 250g

£0.60



Food Store: ALDI UK

Servings: 2

Total: £4.60

Staples:



Nature's Pick Watercress, Spinach & Rocket 80g

£0.65



Everyday Essentials Clear Honey 340g £0.75



Tuna Panini Picnic (Nov23) – Video 25



Inspired Cuisine Panini Rolls 360g/4 Pack £1.19



Everyday Essentials Tuna Chunks In Brine 145g (102g Dra

£0.55 x2



Snackrite Cheese & Onion Crisps Multipack 6x25g

£0.99



Food Store: ALDI UK

Servings:

Total: £4.84

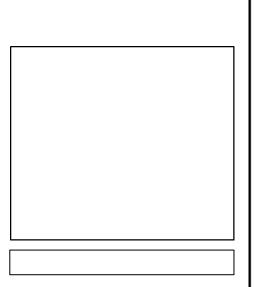
Staples:



Bramwells Light Mayonnaise 504g £0.99



Nature's Pick Mixed Leaf Salad 120g £0.57





Chinese Stir Fry (Nov23) – Video 26



Nature's Pick Butternut Squash, Mangetout & Chilli Stir £0.95



Nature's Pick Hoisin Stir Fry Sauce 175ml £0.79



Asia Specialities Ready To Wok Medium Noodles 300g



<u>Staples:</u> There are lots of variety of veg and sauces to choose from

Food Store: ALDI UK

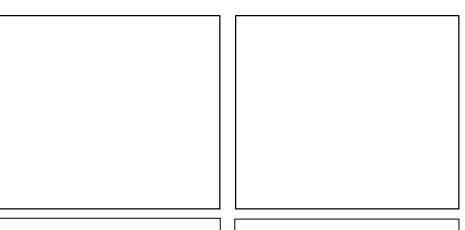
Servings:

Total: £4.88



Ashfields British Chicken Breast Fillets 300g/2 Pack

£2.29



Cheeseburger and Chips (Nov23) – Video 27

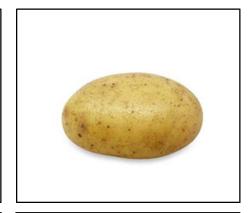


Oakhurst Cook From Frozen Beef Burgers 342g/6 Pack £1.99



Specially Selected Sliced Brioche Burger Buns 200g/4 Pa

£0.99



Loose baking potatoes

£0.23 x2

Food Store: ALDI UK

Servings:

Total: £4.84

Staples: oil, sauce of choice



Everyday Essentials Cheesy Single Slices 255g/15 Pack

£0.83



Nature's Pick Mixed Leaf Salad 120g £0.57





Toad In The Hole (Dec) - Video 28



Butcher's Select Pork Sausages 454g/8 Pack £1.89



Everyday Essentials Plain Flour 1.5kg £0.70



Merevale British Free Range Medium Eggs 318g/6 Pack

£1.35

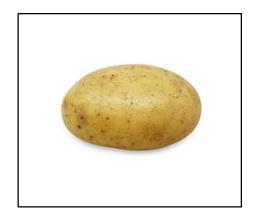


Food Store: ALDI UK

Servings: 4

Total: £5.01

Staples: 175ML Milk, Gravy



Loose baking potato £0.23 x2



Nature's Pick Carrots 500g £0.33



Everyday Essentials Garden Peas 300g (185g Drained)



Italian BMT (Nov23) – Video 29



Village Bakery Italian Style Metro Rolls 400g/4 Pack

£1.29



Ashfields Cooked Ham 115g

£0.85



Everyday Essentials Cheesy Single Slices 255g/15 Pack

£0.83



Food Store: ALDI UK

Servings: 4

<u>Total: £4.94</u>

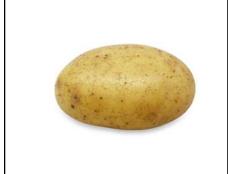
Staples: Mayo



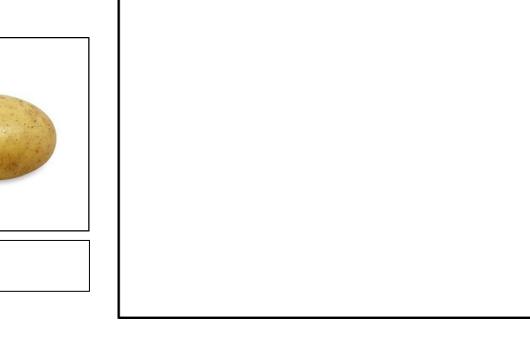
The Deli German Salami Slices 135g £0.99



Nature's Pick Classic Salad 145g £0.75



Loose baking potato £0.23 x1



Teriyaki Pork Noodles (Feb 24) – Video 30



Asia Specialities Ready To Wok Medium Noodles 300g £0.85



Ashfields 100% British 5% Fat Lean Pork Mince 500g

£2.59



Asia Specialities Teriyaki Stir Fry Sauce 120g

£0.55



Food Store: ALDI UK

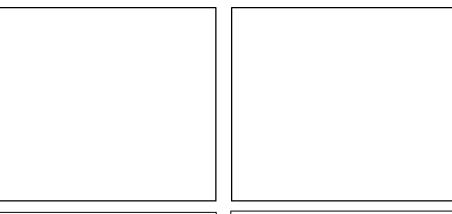
Servings: 4

Total: £4.94

Staples:



Nature's Pick Mixed Pepper Stir Fry 320g £0.95





Creamy Bacon and Broccoli Spaghetti (Jan 24) – Video 31



Everyday Essentials Smoked Back Bacon Rashers 300g/7 Pa £1.45



Nature's Pick Broccoli 360g £0.79



Cucina Spaghetti 500g £0.75 Food Store: ALDI UK

Servings: 4

Total: £4.86

Staples: oil, salt, pepper



Emporium Reduced Fat Soft Cheese 200g £0.85



Everyday Essentials Garlic Baguette 170g £0.37



Nature's Pick Watercress, Spinach & Rocket 80g



Chicken Pot Pie (Dec 23) – Video 32



The Pantry Puff Pastry 375g £1.19



Bramwells Cream Of Chicken Soup 400g £0.67



Bramwells Chicken Casserole Seasoning Mix 40g

£0.36



Food Store: ALDI UK

Servings: 4

Total: £4.98

Staples:



Nature's Pick Carrots 500g £0.33



Everyday Essentials Garden Peas 300g (185g Drained)

£0.28



Oakhurst Cooked Sliced Chicken 340g £2.15



Gnocchi Bolognese & Garlic Bread (Dec23) – Video 33



Ashfields British Beef Mince 20% Fat 500g £2.49



Cucina Tomato Passata 500g £0.55



Bramwells Spaghetti Bolognese Mix 44g £0.36



Food Store: ALDI UK

Servings: 4

Total: £4.76

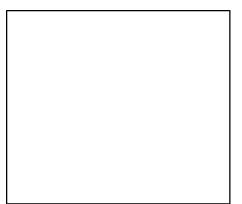
Staples: Beef Stock cube



Everyday Essentials Garlic Baguette 170g £0.37



Cucina Gnocchi 500g £0.99





Fish & Parsley Sauce Pie with veg (Dec 23) – Video 34



Four Seasons Mixed Vegetables 1kg £0.89



Parsley Simmer Sauce Mix 20 £0.49



Dairy Pride Semi-skimmed Milk 1l £0.69

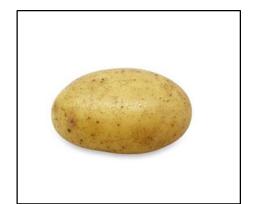


Total: £4.95

Servings: 5-6

Food Store: ALDI UK

Staples: salt & pepper (butter for mash)

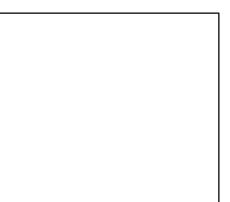


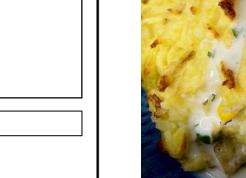
Loose baking potato £0.23 x3



The Fishmonger Skinless & Boneless Basa Fillets 380g







Chicken Tikka wraps with chips and salad (and a mint sauce dressing) (Dec23) – Video 35



Everyday Essentials Self Raising Flour 1.5kg £0.70



Brooklea Fat Free Natural Yogurt 500g £0.35



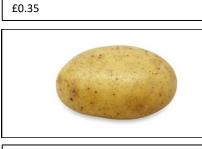
Ashfields British Chicken Legs Fresh Class
A 1kg
£1.99

Staples: curry seasoning, oil

Total: £4.98

Servings: 4

Food Store: ALDI UK



Loose baking potato £0.23 x2



Nature's Pick Spring Onions 100g £0.29



Nature's Pick Iceberg Lettuce 200g £0.67



Bramwells Mint Sauce 180g £0.52



Meat Feast Pasta with Salad (Dec 23) – Video 36



The Deli Milano Salami Rich & Delicate £0.99



The Deli Spanish Chorizo Slices 120g £0.99



Everyday Essentials Penne Pasta 500 £0.41



Staples: swap your salad for 2x garlic baguettes

Food Store: ALDI UK

Servings: 4

Total: £4.84



Cucina Tomato Passata 500g £0.55



Everyday Essentials Mozzarella 200g £0.69



Bramwells Spaghetti Bolognese Mix 44g £0.36



Nature's Pick Italian Style Salad 100g £0.85



Pork and Ham Egg Fried Rice (Jan 24) – Video 37



Bramwells Chopped Pork & Ham 200g £1.35



Worldwide Long Grain White Rice 1kg £0.52



Merevale Medium Welsh Free Range Eggs 6 Pack

£1.35



Food Store: ALDI UK

Servings: 4

Total: £4.72

Staples: salt and pepper



Asia Specialities Dark Soy Sauce 150ml £0.55



Nature's Pick Edamame Bean & Broccoli Stir Fry 320g





Tomato & Pesto Pasta Salad (Jan 23)



Nature's Pick Baby Leaf Salad 110g £0.89



Everyday Essentials Cherry Tomatoes 250g

£0.75



Cucina Wholewheat Fusilli 500g £0.75

Food Store: ALDI UK

Servings: 4

Total: £4.78

Staples:



Cucina Pesto Basil 190g £0.99



Nature's Pick Cucumber Each £0.85



Nature's Pick Spring Onions 100g £0.55



Chicken Casserole with Mash & Y.Puddings – Video 39



Ashfields British Chicken Legs Fresh Class A 1kg £1.99



Bramwells Chicken Casserole Seasoning Mix 40g

£0.36 x2



Nature's Pick Baking Potatoes 4 Pack £0.70 Food Store: ALDI UK

Servings: 4

Total: £4.89

Staples: salt & pepper, butter



Everyday Essentials Yorkshire Puddings 230g/15 Pack

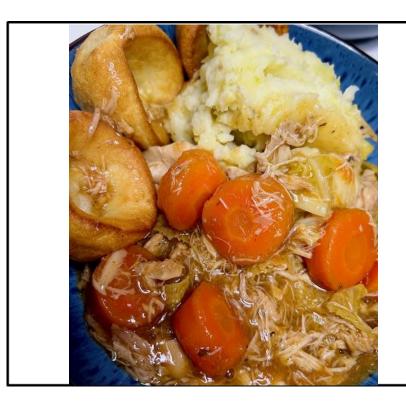
£0.46



Nature's Pick Carrots 500g £0.33



Nature's Pick Savoy Cabbage Each £0.69



BBQ Sausage Skewers with Stuffed Peppers (Dec23) – Video 40



Butcher's Select Pork Sausages 454g/8 Pack £1.89



Nature's Pick Mixed Peppers 3 Pack £1.49



Bramwells Sundried Tomato & Garlic Cous Cous 100g

£0.49

Food Store: ALDI UK

Servings: 4

Total: £5.16

Staples: Oil, BBQ Sauce, skewers

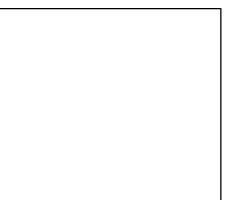


Everyday Essentials Cherry Tomatoes 250g

£0.60



Everyday Essentials Mozzarella 200g £0.69





Haloumi & Orange Salad (Jan 24) – Video 41



Emporium Cypriot Halloumi 225g £2.15



Bramwells Moroccan Medley Cous Cous 100g

£0.49



Everyday Essentials Oranges 5 Pack
£0.89

Food Store: ALDI UK

Servings: 3

Total: £4.89

Staples:



Nature's Pick Watercress, Spinach & Rocket 80g

£0.69

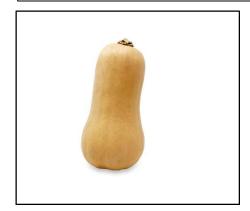


Nature's Pick Loose Sweet Potatoes Each
View rest of shelf
£0.67





Butternut Squash Thai Green Curry (Jan 24) – Video 42



Nature's Pick Butternut Squash Each £1.15



Worldwide Long Grain White Rice 1kg £0.52



Ready, Set...Cook! Thai Green Curry Kit 253g

£1.99



Servings: 4

Total: £4.93

Staples: oil



Nature's Pick Pak Choi 250g £0.99



Everyday Essentials Garden Peas 300g (185g Drained)



Bombay Potato Curry with Rice and Naan (Dec 23)



Nature's Pick Baby Potatoes 1kg £0.95



Ready, Set...Cook! Mild Curry Powder 85g £0.79



Worldwide Long Grain White Rice 1kg £0.52

Stonemill Garlic Purée 75g



Food Store: ALDI UK

Servings: 4

Total: £4.86

Staples: Oil, Salt, Pepper



Everyday Essentials Garden Peas 300g £0.28



Four Seasons Green Lentils In Water 390g (235g Drained)

£0.59



Inspired Cuisine Garlic & Coriander Naans 260g/2 Pack

£0.69





Everyday Essentials Chopped Tomatoes In Tomato Juice

Sausage Surprise (Jan 24) – Video 44







Nature's Pick Broccoli 360g

£0.79



Everyday Essentials Cauliflower Each
£0.75

Food Store: ALDI UK

Servings: 4

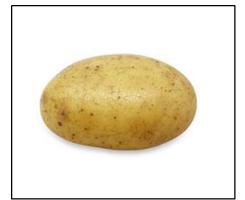
Total: £4.90

Staples: salt. Pepper, paprika



Riverway Irish Recipe Style 8 Pork Sausages 410g

£1.29



Loose baking potato £0.23 x2



Everyday Essentials Mozzarella 200g (125g Drained)



BBQ Chicken Wing Salad Bowl (Mar 24) – Video 45



Ashfields British Chicken Wings Fresh Class A 1kg £1.99



The Deli Houmous 200g

£0.99



Village Bakery Soft White Pittas 360g/6 Pack

£0.50



Servings: 4

Total: £5.09

Staples:



Nature's Pick Mixed Leaf Salad 120g £0.57

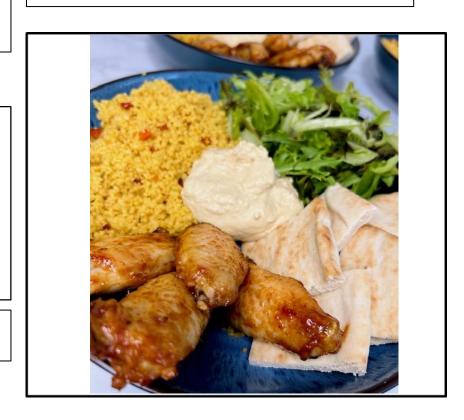


Bramwells Sundried Tomato & Garlic Cous Cous 100g

£0.49



Bramwells Barbecue Marinade 35g £0.55



Peri Peri Chicken Rice Bake (Mar 24) – Video 46



Everyday Essentials Mozzarella 200g (125g Drained) £0.69



Worldwide Long Grain White Rice 1kg £0.52



Nature's Glen Lean Scotch Beef Mince 5% Fat 250g

£2.19



Food Store: ALDI UK

Servings: 4

Total: £5.06

Staples: oil, 1x beef stock



Four Seasons Supersweet Sweetcorn In Water 325g (260g D

£0.72



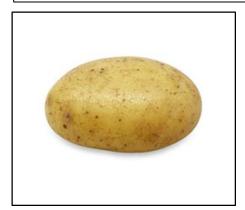
Bramwells Peri Peri Seasoning 35g £0.55



Everyday Essentials Chopped Tomatoes In Tomato Juice 40



Warm Roast Salad (Apr 24) – Video 47



Loose baking potato £0.23 x2



Nature's Pick Carrots 500g

£0.33



Nature's Pick Watercress, Spinach & Rocket 80g

£0.65 x2

Food Store: ALDI UK

Servings: 4

Total: £4.82

Staples: salt, pepper, oil and honey



Riverway Irish Recipe Style 8 Pork Sausages 410g

£1.29

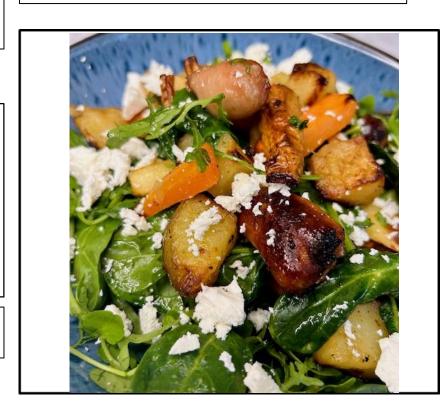


Everyday Essentials Greek Style Salad Cheese 200g

£0.89



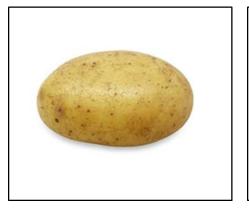
Essentials Parsnips



Leek, Cabbage and Bacon Gratin (Apr 24) – Video 48



Everyday Essentials Mozzarella 200g (125g Drained) £0.69



Loose baking potato £0.23 x2



Nature's Pick Leeks 500g £1.29 Food Store: ALDI UK

Servings: 4

Total: £5.41

Staples: salt, pepper, oil, chicken stock



Nature's Pick Sweetheart Cabbage Each £0.67



Everyday Essentials Smoked Back Bacon Rashers 300g/7 Pa

£1.45



Emporium Reduced Fat Soft Cheese 200g £0.85



Ramen Chicken Noodles (Apr 24) – Video 49



Ashfields British Chicken Drumsticks 1kg £1.99



Make In Minutes Instant Noodles Chicken Flavour 100g

£0.35 x4



Nature's Pick Pak Choi 250g £0.99 Food Store: ALDI UK

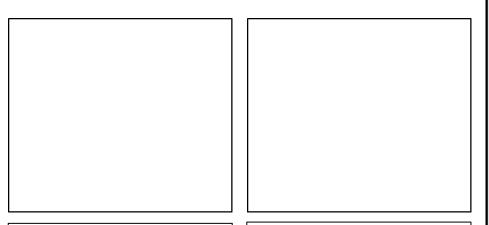
Servings: 4

Total: £4.93

Staples: oil, egg (optional)



Bramwells Chinese Marinade 35g





Fruit Salad & Yogurt (Jan 24)



Four Seasons Mandarin Segments 300g (175g Drained) £0.69



<u>Everyday Essentials Peach Slices In A Light</u> <u>Syrup 411g</u>

£0.34



Nature's Pick Snack Pack Grapes 170g £0.99 Food Store: ALDI UK

Servings: 6

Total: £4.89

Staples: keep the juices from the tins to mix into your fruit to keep fresh



Nature's Pick Kiwi Fruit 6 Pack
<u>£0.99</u>



Brooklea Berry Medley Low Fat Yogurts 6x125g

£0.89



Nature's Pick Mini Apples 6 Pack
<u>£0.99</u>



Bacon, Cauliflower & Broccoli Cheese Bake



Bramwells Cheese Sauce Mix 40g £0.49



Nature's Pick Broccoli 360g

£0.79



Nature's Pick Cauliflower Each £0.95 Food Store: ALDI UK

Servings: 4

Total: £4.83

Staples: salt and pepper

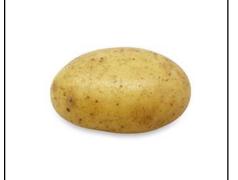


Dairy Pride Semi-skimmed Milk 1l £0.69



Everyday Essentials Smoked Back Bacon 300g

£1.45



Loose Baking potatoes £0.23 x2

